



To Our Surgical Patients:

It is the policy of the Beth Israel Hospital Day Surgery Department that any patient who must have the following to be cleared for surgery under general anesthesia:

- A complete physical and history by your Primary Care Physician, or if desired, the patient care clinic at the Faulkner Hospital. This physical must be dated within 30 days of your surgery.
- EKG within 30 days of surgery
- Complete blood labs within 30 days of surgery (Chem7 & CBC)

Once the steps have been completed, the patient's primary care physician will need to complete the attached Short Stay Form and fax to our office at (781) 400-2385, with EKG tracings and labs attached. **You are responsible for making sure this information is completed and forwarded to our office.** If this information is not received prior to your surgery, your procedure will need to be rescheduled.

**These clearance guidelines may also apply to patients under 50 years of age who have a medical condition requiring clearance, such as high blood pressure, diabetes or heart disease.*